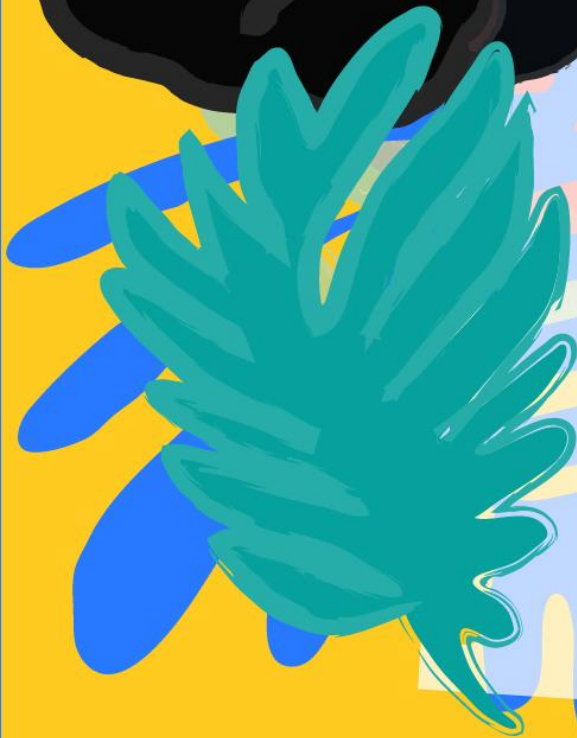


**SINGAPORE
ECO
FILM
FESTIVAL
1-4 NOV18**





AWARD WINNING.
AWE-INSPIRING.
UNFORGETTABLE.
#SGEFF





For the third year, the local eco community comes together to Celebrate and Accelerate Environmental Solutions at the "Singapore Eco Film Festival" **November 1-4th 2018** presented with the ArtScience Museum.

There will be **films** and **discussions**, along with a series of inspiring workshops from regional filmmakers and community partners, that will run in parallel. The event is once again **completely free to the public!**

Through a unique and uplifting program, the Singapore Eco Film Festival aims to engage the public, private and creative sectors to collaborate together for a greener future.

We can't wait to see you there!



PRESENTED WITH



ArtScience
Museum
MARINA BAY SANDS



SUPPORTED BY



EARTH
OBSERVATORY
OF SINGAPORE

IN SUPPORT OF



ECO ACTION PARTNER



CLOSING FILM PARTNER

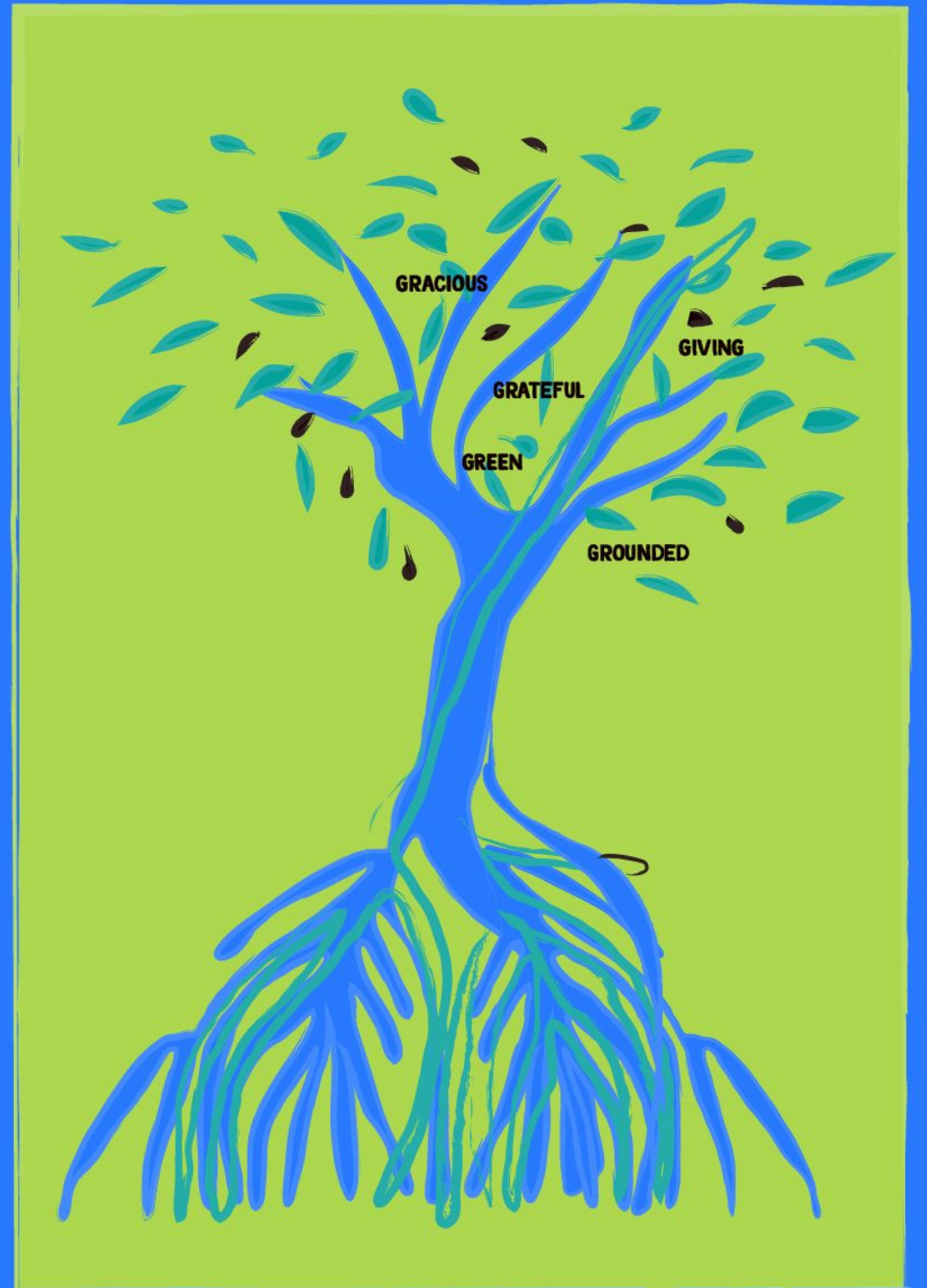
SWAROVSKI



In memory of
Kampung Chief Tay Lai Hock

In memory of Lai Hock, we warmly invite you to pledge towards a 5G lifestyle and a sustainable future. Share your 5G pledge with us!

For more information about Ground-Up Initiative, visit
www.groundupinitiative.org





"It's time to **Celebrate & Accelerate**
the Eco Solutions we have already!"



1 AIR CON UNIT = 13 FANS

Nearly 80% of homes and 100% of office buildings in Singapore are air-conditioned. But did you know the energy used by 1 air con unit is the same as 13 fans? Beat the heat with a fan instead to save more than S\$400 a year*!

*2 Singapore 'Save Energy Save Money' campaign
<http://www.e2singapore.gov.sg>

supported by

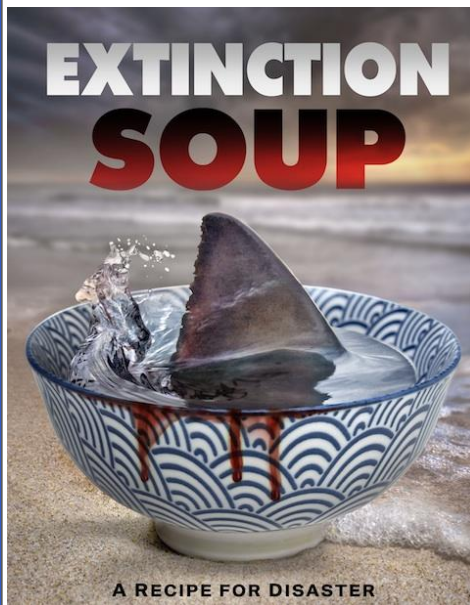


Leading up to #SGEFF

Leading up to the 3rd Singapore Eco Film Festival (1-4 Nov) we celebrate the International Year of the Reef, with film screenings from 22 October:



Extinction Soup (22 – 26 October 2018)

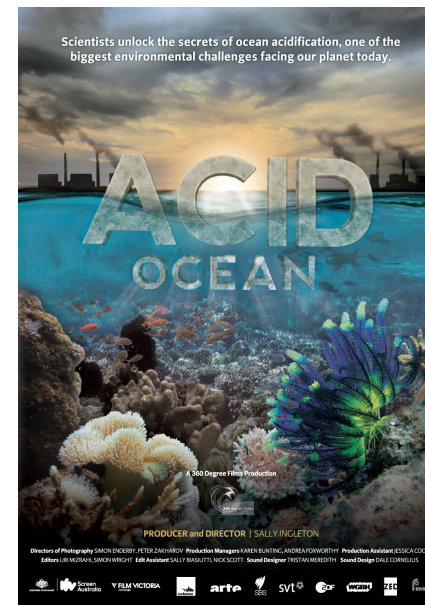


"Extinction Soup" follows documentary filmmaker Philip Waller on his quest for adventure as he sets out to tell the story of his larger-than-life friend and extreme sports legend, Jimmy Hall. The film quickly takes a surprise turn when Waller finds himself consumed with exposing to the world an environmental catastrophe in the making - the extinction of the oceans' shark population through the mass slaughter of these magnificent animals for their fins.

Screening Times

4 sessions played on
loop between:
12.00 pm – 06.00 pm

Acid Ocean (27 – 30 October 2018)



Scientists unlock the secrets of ocean acidification, one of the biggest environmental challenges facing our planet today. One remote reef may hold the key. From the icy polar seas to the world's most pristine coral reefs, ACID OCEAN tracks the latest in marine scientific research and meets an Australian scientist who has made a game-changing discovery. Nestled among Papua New Guinea's stunning coral gardens, coral ecologist Dr Katharina Fabricius has found a unique reef, which opens a window to the future of our oceans.

Screening Times

4 sessions played on
loop between:
12.00 pm – 06.00 pm

Opening Night

Made Possible By



7:00PM

Opening by SGEFF Team & Honor/Kevin
Keynote Address by Kim Stengert, WWF 

Person of the Forest *Short Film (Singapore Premiere!)*

Keynote by Andie Ang 

Andie Ang has travelled the world to study primates, and is working to raise awareness of Singapore's native wildlife as the president of the Jane Goodall Institute (Singapore). Her research interest lies in the ecology, behaviour, and population genetics of Asian colobines (langurs and odd-nosed monkeys), and specifically the Raffles' banded langurs in Singapore and Malaysia.

Jane

Using a trove of never-before-seen footage, the film tells the story of Jane's early explorations and research in Tanzania, focusing on her groundbreaking fieldwork, her relationship with her cameraman and husband Hugo van Lawick, and the chimpanzees that were the subject of her study.



Thursday
1 Nov



Our Three Themes for 2018

SINGAPORE
**ECO
FILM**
FESTIVAL
1-4 NOV18

FRI 2 NOV
ARTSCIENCE MUSEUM



**WHAT
A WONDERFUL
WORLD**

SINGAPORE SHOWCASE
BLUE THE FILM
YASUNI MAN

REGISTER AT
SGEFF.COM
#SGEFF

SINGAPORE
**ECO
FILM**
FESTIVAL
1-4 NOV18

SAT 3 NOV
ARTSCIENCE MUSEUM



**UNDER
PRESSURE**

THE LAST ANIMALS
PLASTIC CHINA
ANOTE'S ARK

REGISTER AT
SGEFF.COM
#SGEFF

SINGAPORE
**ECO
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1-4 NOV18

SUN 4 NOV
ARTSCIENCE MUSEUM



IMAGINE

GATEWAY BUG
BIRD OF PREY
WATERSCHOOL

REGISTER AT
SGEFF.COM
#SGEFF

SINGAPORE
**ECO
FILM**
FESTIVAL
1-4 NOV18

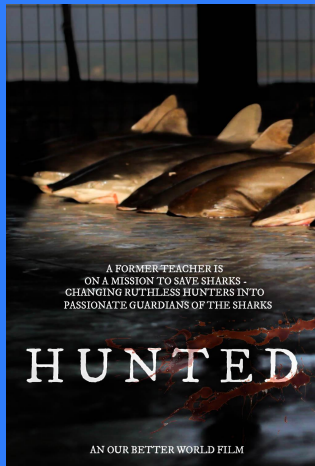
FRI 2 NOV
ARTSCIENCE MUSEUM

An illustration on a blue background. A man with dark skin and long black hair is shown from the waist up, sitting on a yellow chair. He is holding a red and white parrot in his hands. Behind him are large green leaves. In the foreground, a grey seal is sitting on a small patch of white ground. A small white sign with black text is placed near the seal.

WHAT A WONDERFUL WORLD

SINGAPORE SHOWCASE
BLUE THE FILM
YASUNI MAN

REGISTER AT
SGEFF.COM
#SGEFF



FILMS

Friday 2nd Nov

10:15 am

Singapore Showcase

A selection of the most powerful films
MADE BY SINGAPOREANS & RESIDENTS
including:

- **Hunted The Dorsal Effect**

Meet city girl Kathy Xu who now saves sharks
by supporting fishermen in Lombok, Indonesia.

- **Poles Apart 2018 Bafta Award**

In a changing climate, can a hungry polar bear
befriend a Canadian grizzly? An animation by
Singaporean

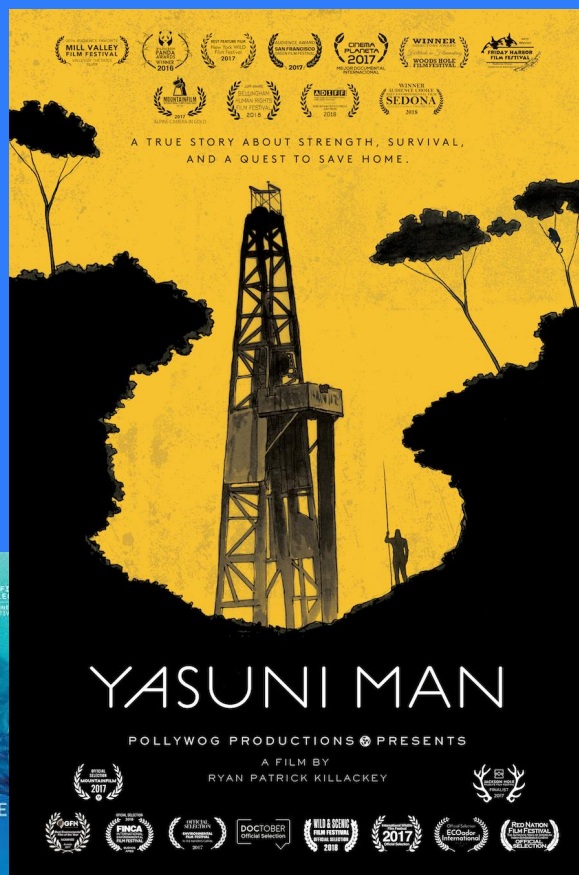
- **Ubin Sayang**

- **Peat, Palm, Haze**

Learn about the burning of the peat forests
throughout tropical Southeast Asia.

- **From Asia to Antarctica**

A story about the climate connection between
Asia and Antarctica, and those who are
defending it.



FILMS

Friday 2nd Nov

1:30 pm

TRAFFIC Empty Shells

MSC Abalone

Introduction to LIGER Marine Research Team

Blue the Film *Singapore Premiere!*

BLUE is the story our generation need to hear. BLUE is a provocative journey into the ocean realm, witnessing this critical moment in time when the marine world is on a precipice. Our ocean has been the guardian of life on earth. Now it is our turn to be guardians for the ocean.

4:15 pm

Sayang Kalimantan

Anak Pokok

Yasuni Man [M18] *Singapore Premiere!*

A film about the conflict raging deep within the Ecuadorian Amazon. It's a real-life Avatar story. Once under siege by missionaries seeking to civilize them, the Waorani people battle industry operatives and their own government in a fight to survive.



SPEAKERS

Session 1 Speakers

Shorts Singapore Showcase
Sustainable Development

Jessica Cheam Eco-Business

Managing Editor, Eco-Business. She is an award-winning journalist, TV presenter, director, producer, and a social entrepreneur.



Chris Annadorai Our Better World

Content Lead for 'Our Better World', an organization that believes in the power of stories to create impact. He is an award winning international director & producer who thrives on telling wildlife stories.



Isaac Kerlow Earth Observatory of Singapore, NTU

Principal investigator, filmmaker and artist whose work deals with change and the human condition. He is one of the pioneers of digital art, and continues to create with digital technology and traditional techniques.



Session 2 Speakers Blue the Film Ocean Conservation

Kathy Xu Dorsal Effect

[Moderator]

Founder, The Dorsal Effect, which advocates for shark conservation by sustainable & ethical ecotourism. She is also a volunteer for social change for the environment.



Stephen Beng Nature Society Singapore

Chairman, NSS Marine Conservation group & Director of Sea Hounds, which has been recognized for excellence in education, environmental stewardship and community involvement.



Hollie Booth Wildlife Conservation Society Indonesia

Shark & Ray Advisor, WCS. She supports WCS programs in the South East Asia Archipelago to develop & implement a cross-cutting program of work to address unsustainable harvesting of sharks and rays.



Kimseng Suon Filmmaker

14 years old & currently a student at the Liger Leadership Academy, Cambodia. He is interested in marine biology & film.



Session 3 Speakers Yasuni Man Forest Conservation

Dr. Dzaeman Dzulkifli TRCRC

[Moderator]

The man behind Tropical Rainforest Conservation and Research Centre, he is the Executive Director & is responsible for setting up the nationwide network of living collections for Malaysia's most endangered plant species. His doctoral research was in rainforest restoration in Borneo.



Wally Tham Filmmaker

Director of Big Red Button, a change management company using stories to help non-profits/corporations/govt agencies tackle issues differently. Also leads Stand Up For Our Singapore, making public interventions when our 1st world problems get the better of us.



Ryan Killackey Filmmaker

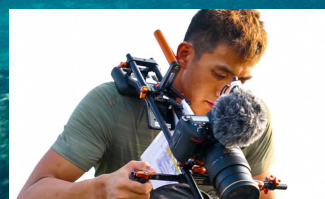
Director, Cinematographer & writer of the award winning Yasuni Man, he is a Chicago native who started as a wildlife biologist & his passions led him to the Ecuadorian Amazon.



Uki (Rukaiyah Rafik) Yayasan Setara Jambi

Co-founder, YSJ. which supports independent smallholders by providing sustainable palm oil training and assistance. She is an Environmental Science graduate from Jambi university





Friday
2nd Nov

SCHEDULED WORKSHOPS

11:00AM

Meet The Filmmaker: with Ryan Killackey

Director, Cinematographer and writer of the award winning Yasuni Man, Ryan Killackey is a Chicago native who started as a wildlife biologist studying frogs in freshwater lakes, tracking and live trapping wolverines, and as a ranger at a bear observatory in Alaska. His passion led him to the Ecuadorian Amazon, filmmaking and photography, with projects for Giant Screen Films (3D/IMAX), National Geographic, PBS, Yale E360. Join Ryan at this special session where he shares stories filming in the wild and provides insight into field craft skills.

2:00PM

Meet the Photographer: with Nathaniel Soon

Join Nathaniel Soon, as he shares about his passion for the Singapore's marine environment, oceans, journey in marine conservation here in Singapore and what everyone can do to play their part for our seas! The talk will be interspersed with the launch of his documentary series 'Our Seas, Our Legacy', in conjunction with International Year of the Reef 2018, where he will be screening a total of 3 episodes, featuring the good Singaporeans are doing towards conserving our seas through intertidal surveys, dive clean-ups and coastal clean-ups.

5:00PM

Meet the wildlife filmmaker: with Claire Clements

Claire Clements, director, camerawoman and writer of award winning films. Sharing her vast experience in filming around the world. Join Claire Clements as she shows you the what does it take to produce an award winning documentary.

SINGAPORE
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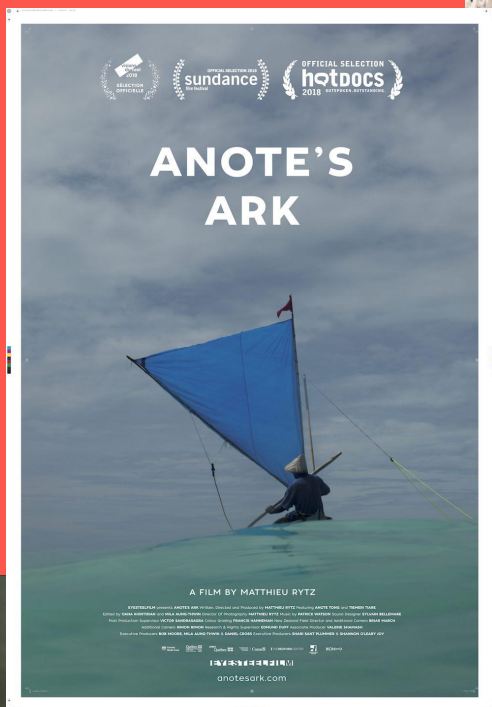
SAT 3 NOV
ARTSCIENCE MUSEUM

A stylized illustration on a red background. At the top is a grey rhinoceros with a small horn, looking down. Below it is a sea turtle with a brown and yellow shell and a pinkish head. Between the rhino and the turtle is a pile of translucent plastic waste, including a bottle and a cup. To the left of the plastic is a green fern-like plant, and to the right is a pink coral-like structure. The title 'UNDER PRESSURE' is written in large, bold, black letters across the center, partially overlapping the plastic waste.

UNDER PRESSURE

THE LAST ANIMALS
PLASTIC CHINA
ANOTE'S ARK

REGISTER AT
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FILMS

Saturday 3rd Nov

10:15 am

The Bottled Up Truth

Zero Waste SG *World Premiere!*

Plastic China

A portrait of poverty, ambition and hope set in a world of waste. Plastic China unveils the true face of China. Following the daily lives of local families, Plastic China uncovers the work of plastic waste recyclers.

1:30 pm

Gwala Rising *Singapore Premiere!*

Poles Apart 2018 *Bafta Award*

Anote's Ark *Singapore Premiere!*

Set against the backdrop of international climate and human rights negotiations, Anote's struggle to save his nation is intertwined with the extraordinary fate of Tiemeri, a young mother of six, who fights to migrate her family to New Zealand. At stake is the survival of Tiemeri's family, the Kiribati people, and 4,000 years of Kiribati culture.

4:15 pm

Straits Times Illegal wildlife trade SE Asia

Turtle Conservancy

The Last Animals *Singapore Premiere!*

The Last Animals is a story about an extraordinary group of people who go to all lengths to save the planet's last animals. The documentary follows the conservationists, scientists and activists battling poachers and criminal networks to protect elephants and rhinos.



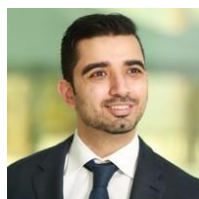
Session 4 Speakers

Plastic China Future of Waste

Vardhan Kapoor

Deliveroo [Moderator]

Business Strategy Manager, Deliveroo Singapore. He also sits on the Global Sustainability Committee; leading projects on plastic waste reduction, food waste reduction and sustainable protein promotion.



Andrew Dixon

Nikoi & Cempedak Island

Co-founder, Nikoi & Cempedak Island, which is an eco-resort 50 miles from Singapore. Passionate about sustainability, he has designed and worked with various stakeholders to become waste-free as much as possible at the 2 locations. Including a "Soldier Fly" food waste system, and even starting their own farm on Batam.



Michael Ma

Indochine

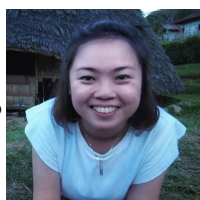
As CEO, he oversees operations of eco-luxury businesses including bars, restaurants and resorts. Passionate about ocean protection & conservation, he organises an annual Indochine Green Festival to raise funds and awareness for environmental causes.



Vinaria Sugianto

TeloBag

Cofounder of TeloBag, which is a 100% plastic-free compostable Cassava Bag to replace plastic bags! The plant-based bag dissolves to nothing and can be consumed by macro and micro organisms.



Session 5 Speakers

Anote's Ark Future of our Climate

Sabrina Smith

Earth Observatory of Singapore, NTU [Moderator]

Director of Community Engagement EOS & International Advisory Board member of Artsience Museum. Before joining EOS, she worked at the Exploratorium in San Francisco for 10 years, expanding the Exploratorium's global footprint through outreach, strategic partnerships and communication.



Dr. Tim Shaw

Earth Observatory of Singapore, NTU

Research fellow at Nanyang Technological University, his interests revolve around reconstructing Holocene sea levels using earth's natural archives to improve our understanding of changes and driving mechanisms at both regional and global scales.



Robin Hicks

Eco-Business

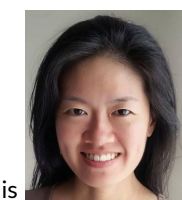
Deputy Editor, Eco-Business. He has a degree in Zoology from the University of Bristol, a & spends his weekends as a volunteer for ACRES, Singapore's animal welfare charity.



Cuifen Pui

Singapore Youth for Climate Action

Co-founder of an all-ladies team, SYCA, which attended COP21 as a newly formed group, she is also a Senior Environmental Scientist at DHI. She loves being surrounded by nature, music, stories & connecting with people.



Session 6 Speakers

The Last Animals Future of Wildlife

Dr. Adeline Seah

Wildlife Conservation Society, NY [Moderator]

Post-doc, WCS Bronx Zoo. She is working on portable molecular technology for tackling the illegal wildlife trade. She is also the co-founder and festival director of SGEFF, founder of Biodiversity Connections & co-founder of The Pangolin Story.



Dr. Madhu Rao

Wildlife Conservation Society, Singapore

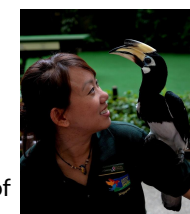
Senior Advisor & Representative in SG, she provides technical, strategic & program development support for WCS programs across Asia. She is also Advisor to the Asian Species Action Partnership, an IUCN initiative to catalyze conservation of critically endangered species in ASEAN region.



Dr. Jessica Lee

Wildlife Reserves Singapore

Senior Manager, Conservation & Research department, WRS. When she is not out birding, Jess can often be found collaborating with local and international partners on the conservation of threatened birds in Southeast Asia and beyond.



Anbu (Anbarasi Boopal)

ACRES

Deputy Chief Executive, Animal Concerns Research & Education Society. This super woman rescues and rehabilitate injured native wild animals & exotic wild animals from the illegal wildlife trade. She manages both the wildlife rescue programme, & the animal crime investigation unit.



SPEAKERS

**Saturday
3rd Nov**



11:00

Roundtable: Sustainable Finance

Facilitated by Eric Nietsch, SAP

ASEAN is expected to need US\$3 Trillion in investment through 2030 for eco solutions. That's 10 times the current amount of private investment! This shift will require collaboration to create solutions that don't currently exist, and scale ones that do. Let's share ideas on how could we meet this funding gap creatively!

14:00

Roundtable: The Future of #PLASTIC

Facilitated by Savera Weerasinghe, Ananta Sustainable

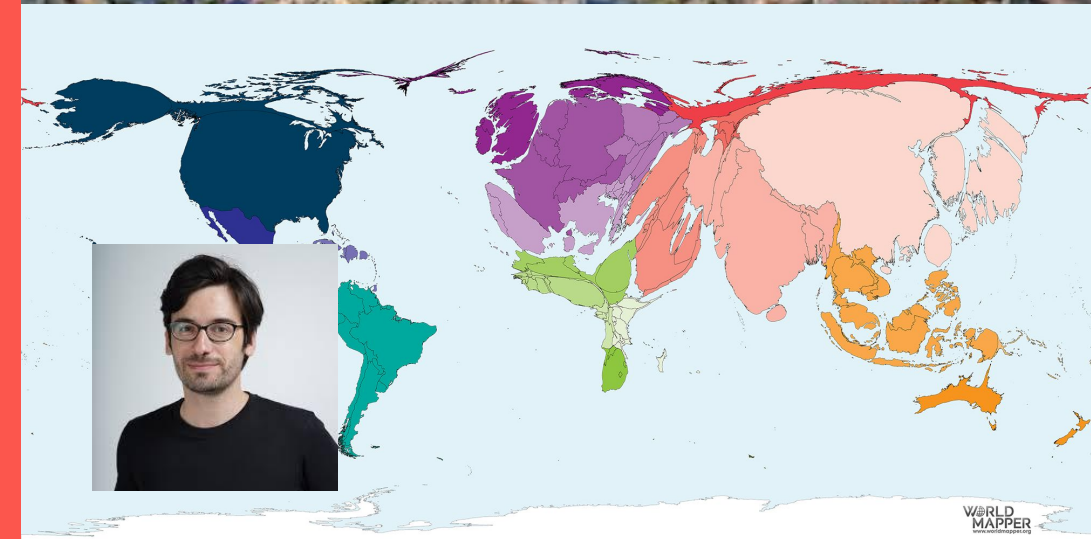
Do you think Zero Waste is possible? How effective is banning straws anyway? Can cigarette companies change their materials? Come and join in this solution-focused discussion to brainstorm and share ideas.

17:00

Worksession: The True Cost of a Country

Facilitated by Florian Cornu, Future Flow

Come brainstorm what a full financial statement of a country might be, beyond GDP. Let's discover research, frameworks and current ideas combining finance and geopolitics! *If GDP is only the revenue of a P&L, what would be the true cost?* Come and join in this discussion to share ideas and come up with a new way of looking at the "success" of a country.



WORLD
MAPPER

SINGAPORE
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1-4 NOV18

SUN 4 NOV
ARTSCIENCE MUSEUM



IMAGINE

GATEWAY BUG
BIRD OF PREY
WATERSCHOOL

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SGEFF.COM
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FILMS

Sunday 4th

10:15 am

Tainted Love *Singapore Premiere!*

Bird of Prey *Singapore Premiere!*

"Bird of Prey" follows Neil's return to the Philippines as he embarks on a grueling expedition alongside a small but devoted group determined to protect the eagle. Together, they answer the question: What will it take to save a species from extinction?

1:30 pm

Ibis Rice

Thailand's Seafood Slaves

Gateway Bug *Asian Premiere!*

Over 2 billion people on earth eat insects for protein. The award winning doc The Gateway Bug explores how changing daily eating habits can feed humanity in an uncertain age, one meal at a time. Interviewing over 50 professionals from the UN, USDA and NRDC, to celebrity chef Andrew Zimmern and Shark Tank star Pat Crowley.



WATERSCHOOL



CLOSING FILM Sunday 4th

4:00 pm

Doors open to "Water Ceremony" by Malika Avani

4:15 pm

Formation of LIGER Marine Research Team

Short Film Screening by students from Cambodia "LIGER"

World Wildlife Day Big Cat

Short Film Screening by World Wildlife Day Big Cat

Turtle Conservancy

4:30 pm

Introduction by Annmarie Harris

WATERSCHOOL *Singapore Premiere!*

Swarovski and the UCLA School of Theater, Film and Television have partnered to create 'WATERSCHOOL', a compelling film which brings to life Swarovski Waterschool's work in empowering the next generation to become water ambassadors. The documentary follows the experiences of several young female students who live along six of the world's major rivers – the Amazon, Mississippi, Danube, Nile, Ganges & Yangtze and shines a light on one of the greatest issues facing mankind: safeguarding the continuing supply of fresh water.

Panel Discussion

CLOSING FILM PARTNER

Closing Remarks

SWAROVSKI



Session 7 Speakers

Bird of Prey Bird Conservation

Serene Chng [Moderator]

TRAFFIC Southeast Asia

As Program Officer of Pets & Fashion, her focus is on birds & reptiles traded as live pets, & is working on projects across SE Asia to understand trade trends in understated species, & use the findings to catalyse actions to tackle their unsustainable and illegal trade.

Dr. Yong Ding Li

BirdLife International

Policy & Advocacy Manager, BirdLife, his interests are in tropical biodiversity, migratory birds and their conservation by local people. He has written or edited six books on the biodiversity of Southeast Asia and China.

Dr. Luis Carlos Neves

Wildlife Reserves Singapore

Director of Zoology at WRS

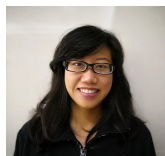
Jayson Ibanez &

Dennis Salvador

Philippine Eagle Foundation

Jayson is Director of Research & Conservation. He is dedicated to saving the Philippine Eagle and the last vestiges of the species' habitat. He was a recipient of the 2015 Whitley Awards

Dennis is Executive Director and an expert on eagle and wildlife conservation. He led the Philippine Eagle Foundation's efforts to address poverty and traditional property rights among indigenous peoples living in forests where eagles occur.



Session 8 Speakers

Gateway Bug The Future of Food

Ng Jia Quan

Insectta

Co-founder who is a chef turned farmer. Insectta uses black soldier flies to create a sustainable protein farming system and reduce the tonnes of food waste we throw out daily.

Johanna B. Kelly &

Cameron Marshad

Filmmakers

Producers of GateWay Bug. Johanna is a Melbourne /NY based filmmaker and multi-disciplinary designer for feature films and TV. Cameron began his film career in 2013 after leaving the world of advertising, and is now dedicated to working on high impact, environmentally and socially-driven projects.

Addis Tan &

Dylan Choong

HRVST

Chefs at HRVST, they are working to reverse the social stigma of being a vegan and focused on making vegan food cool, and good looking.

Dmitry Minkov

Hello Chocolate [Moderator]

Together with his spouse Nian Minkova, Dmitry founded Hello Chocolate - a brand built on authenticity, originality and ethical trade.



Session 9 Speakers

Waterschool Women & Water

Annmarie Harris

Swarovski in APAC [Moderator]

As Director, she leads the team on an array of projects from Sustainability, Architecture & Design, Fashion, Entertainment, Creative Design to Corporate Marketing & PR. She previously led the marketing team at natural skincare brand, NUDE in London.

Samady Sek

Filmmaker

Student, LIGER Leadership Academy in Cambodia. She has always been inspired by films and photographs, and believes that she can have the same influence on other people through her own work.

Claudine Zukowski

P&G

Global Disaster Relief Coordinator, & Senior Manager on the P&G Children's Safe Drinking Water Program. She works to help make a meaningful difference during times of disaster & through the long-term, not-for-profit provision of P&G Purifier of Water in the developing world.

Eric Nietsch

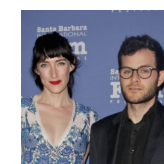
S&P Global

As a Credit Analyst, he works with management teams to discuss industry trends and company performance, and is passionate about linking this back to sustainability.

Savera Weerasinghe

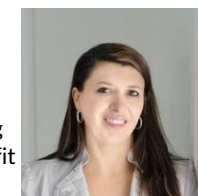
Ananta Sustainables

CEO & Founder, her company sources and supplies sustainable packaging for businesses, striving to make sustainable packaging a viable option for businesses through education and awareness.



SPEAKERS

Sunday
4th Nov





Sunday
4th Nov

SCHEDULED WORKSHOPS

11:00 AM

Workshop: What's in Your Fishball - Sequencing for Sharks!

The lack of transparency in the food industry has a huge impact on wildlife. For example, there is an increasing trend to use shark meat as a fish replacement. It is estimated that 50% of sharks landed in China are processed into fillets and fish balls! The Oxford Nanopore MinION is a pocket USB- powered DNA sequencer. This tiny technology has the potential to democratize science and change how we live and protect life on earth. For this demo, we'll investigate fishballs and you will get a taste of extracting DNA, PCR and sequencing on the MinION. The Future is Here, join the science revolution!

2:00PM

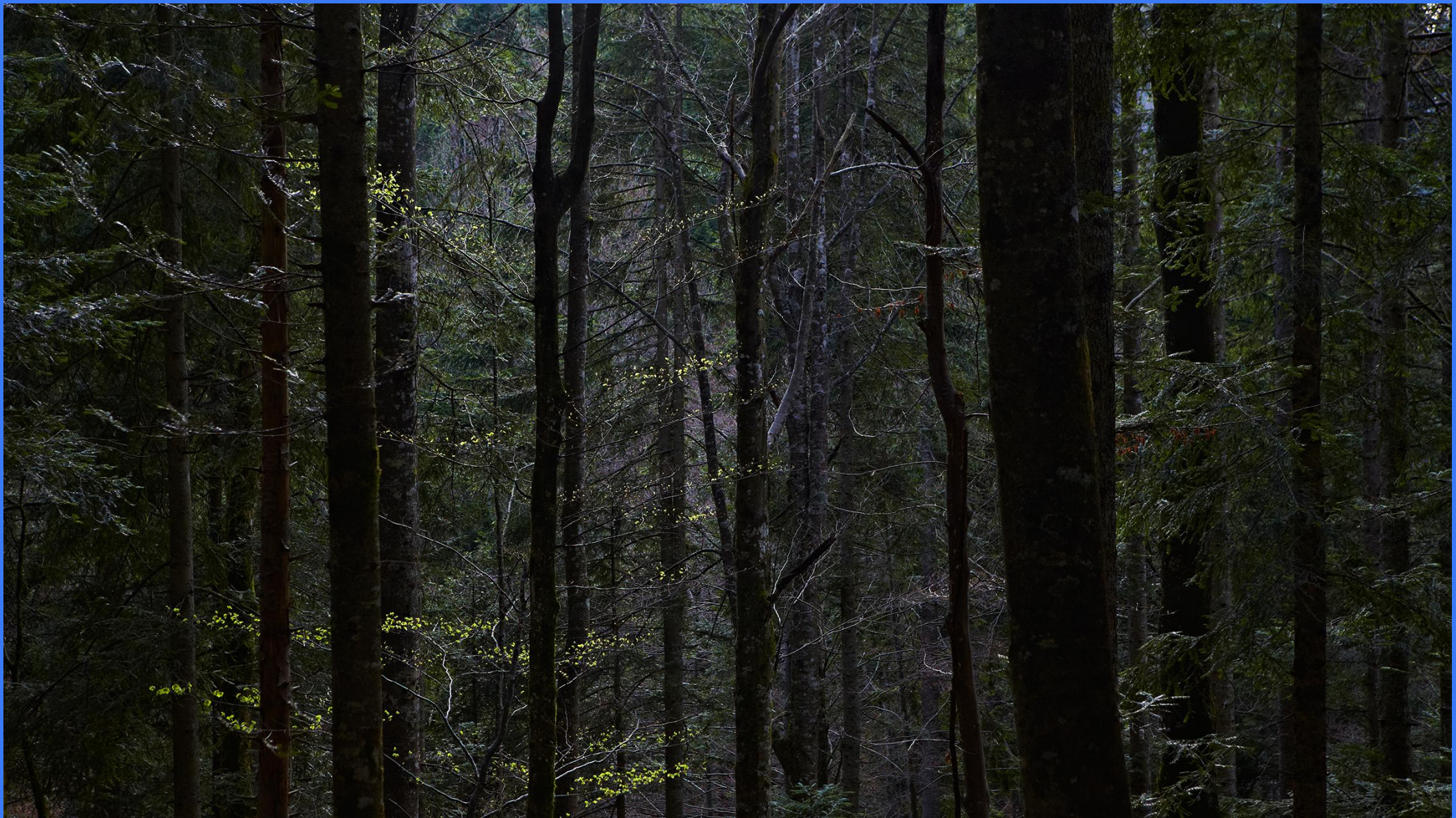
Workshop: on Biomimicry with Bird Life

Singapore is home to an amazing diversity of plant and animal species that have mastered the art of living and thriving in the tropics. Explore what we can learn from this biodiversity to better design our built environment. This practice of emulating nature's genius to solve our problems is called biomimicry. Get ready to not only admire nature for its beauty, but also look at it as a teacher and a model for design.

5:00PM

TALK: The Future of Food

Have you ever questioned how the food we eat is connected to our natural ecosystem around us? Come and learn from Head Chefs, Addis Tan and Dylan Choong, and cocktail-king Leon Tan. Over the years, they have explored with different types of ingredients, always looking for new inspiration. Now, they are working to reverse the social stigma of being vegan towards making eco-cooking a cool, beautiful and eye-opening experience! See locally-foraged weaver ants are mixed into the experience for creepy-crawly garnishes!



Transplanting by Metod & Una

At the start of every film session this year, we will be screening an experimental film documenting primary forests over four seasons in Croatia and Slovenia. The project contributes to the conversation about the governance of the natural habitats in the globalised world. Immersing the viewer in the forests, this film seeks to advocate for awareness and conservation of forests and broader of natural habitats. We hope for audience and volunteers alike to take some moments to recharge in the quiet of these forests and reflect on what they have learnt or hope to contribute at SGEFF!

Post - SGEFF

Closing the 3rd Singapore Eco Film Festival, we celebrate the International Year of the Reef, with film screenings from 5 November:

Blue (5 – 6 November 2018)

Half of all marine life has been lost in the last 40 years. By 2050 there will be more plastic in the sea than fish! BLUE tells the powerful story of our changing oceans, profiling passionate advocates who defend habitats, campaign for smarter fishing, combat marine pollution, and fight for protection of keystone species. There is a way forward and the time to act is now.

Screening Times

12.00 pm
01.20 pm
03.40 pm
04.00 pm
05.20 pm



NEW TO SGEFF 2018: The Healing Rainbow Room

"Sometimes the most important thing in a whole day is the rest we take between two deep breaths. "

This year for SGEFF we have invited international guest Martha Collard, and Yoga Instructors Cat and Clarissa, to **energise our community** and facilitate an experience to enable us all to go within to **celebrate ourselves** and energise our impact!

Yoga for the Environment

10.30am - 1.30pm - 4.30pm - Every Day

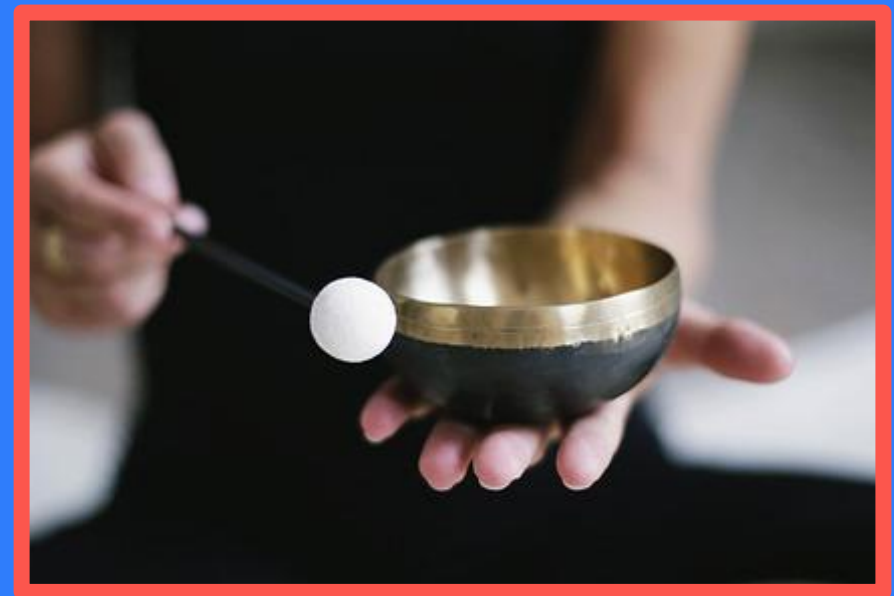
Enjoy a session of yoga with our amazing gurus!

Experience a good stretch as we release the stress build up in our muscles and relax to a great flow with yoga. Take a quick break, rejuvenate your mind.

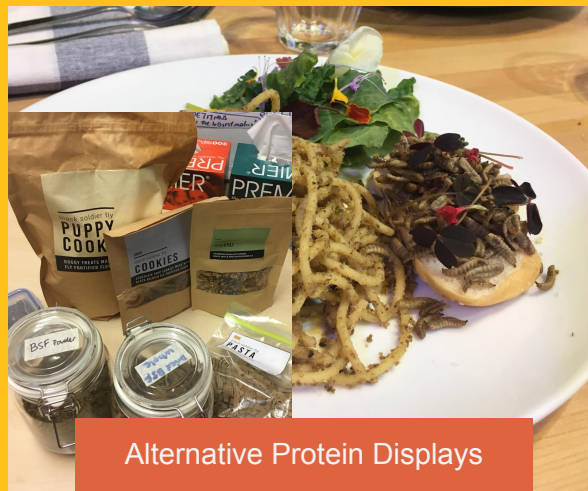
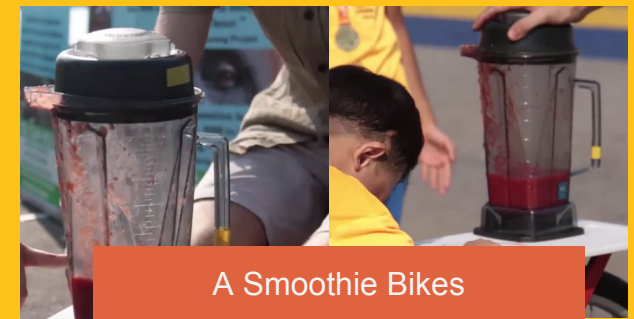
Gong Sound Bath

12pm - 3pm - 6pm - Every Day

Enjoy an hour of deep relaxation unlike you have never experienced before. Experience a short breathing meditation, gentle stretch and a mantra meditation and a deep relaxation to the sound of the largest meditation gong collection in Asia. Give yourself a break, come and take a pause that refreshes.



Activities for the Whole Family Throughout Festival!



Some of our amazing #SGEFF Community Partners!



FOR MORE INFO VISIT

SGEFF.com



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